

# 2009 Freshman Summer Calendar

## JUNE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Titan Camp 9 - 2:30 PM Varsity / JV / Frosh @ West Salem	Titan Camp 9 - 2:30 PM Varsity / JV / Frosh @ West Salem	Titan Camp 9 - 2:30 PM Varsity / JV / Frosh @ West Salem	Titan Camp 9 - 2:30 PM Varsity / JV / Frosh @ West Salem	Titan Camp 9 - 2:30 PM Varsity / JV / Frosh @ West Salem

## JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>29-Jun</b>	<b>30-Jun</b>	<b>1</b>	<b>2</b>	<b>3</b>
Weight Room 9-10:30 AM 6:00-7:30 PM	OFF	Weight Room 9-10:30 AM 6:00-7:30 PM	OFF	OFF
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM
Line Camp @ West 8-9 AM	Line Camp @ West 8-9 AM	Line Camp @ West 8-9 AM	Line Camp @ West 8-9 AM	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31-Jul</b>
Weight Room 9-10:30 AM 6:00-7:30 PM		Weight Room 9-10:30 AM 6:00-7:30 PM		Max / Testing 9-10:30 AM 6:00-7:30 PM

## August

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
OFF	OFF	OFF	OFF	OFF
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Weight Room 9-10:30 AM 6:00-7:30 PM	Practice 6:00-8:00 @ West Salem	Weight Room 9-10:30 AM 6:00-7:30 PM	Practice 6:00-8:00 @ West Salem	OFF
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem	FR 5:30-8:30 PM @ West Salem
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Titan Camp 9 - 2:30 PM  FR 5:30-8:30 PM @ West Salem	Practice  2:45-6:00 PM	Practice  2:45-6:00 PM	Practice  2:45-6:00 PM	FR Scrimmage 9-11am